



# Posttraumatic Stress Disorder and Trauma Intimate Partner Violence Clinical Vignette *Trainee Guide*

## Contributors

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## Pre-Assessment Learning

- Alhusen J, Ray E, Sharps P, Bullock L, Intimate Partner Violence During Pregnancy: Maternal and Neonatal Outcomes, *J Womens Health (Larchmt)*. 2015 Jan 1; 24(1): 100–106. doi:10.1089/jwh.2014.4872
- Bailey Beth A, Partner violence during pregnancy: prevalence, effects, screening, and management, *Int J Womens Health*. 2010; 2: 183–197.

## Session

- **Clinical Vignette**
- **Case Discussion**
- **Small Group Activity**
- **Large Group Discussion**

## Learning Objectives

1. The learner will be able to describe the prevalence of IPV in the general population and amongst pregnant women.
2. The learner will understand how to interview and screen for IPV
3. The learner will understand the different types and progression of IPV
4. The learner will appreciate the sequelae of IPV as it relates pregnancy
5. The learner will implement effective interventions in management of patients with IPV

## Clinical Vignette

Ms. S is a 26 year old Hispanic woman, with one child, age 2, and currently 17 weeks pregnant. She is referred to you by her OB for evaluation of depressive symptoms. On exam, she reports struggling with low mood for almost a year. She reports periods of tearfulness and intense anger, mixed with sadness and feelings of hopelessness and helplessness. She notes that she sometimes tosses and turns for hours at night, and finds herself anxious during the day. She tends to worry about the care of her small child, her finances and her relationship with her boyfriend. When you ask her more details about her boyfriend she becomes quiet. She tells you that initially she found comfort in her relationship, noting that after only one date, he was immediately protective of her and the baby (he was not the FOB of her first child). Given that her previous relationship ended when she disclosed her pregnancy, Ms. S was grateful that she had found someone so supportive. However, after a few months, her partner began to get jealous and possessive, questioning her whereabouts any time she was out of the house. Ms. S believes he may have followed her a few times. Ms. S grows tearful when you ask about any physical abuse in the relationship. She reports a few occasions when she has been unable to reassure her partner about her love for him, causing him to push her or strike her across the face. She denies ever seeking medical attention and feels that he didn't mean to hurt her, but just didn't know how to express himself another way.



## **Case Discussion/Questions for Clarification**

What else would you want to ask Ms. S?

What concerns do you have?

## **Small Group Discussion Questions**

1. What are the major domains of IPV?
2. What are some of the common sequelae of IPV are you concerned about?
3. What populations are important to screen for IPV?
4. How would you approach asking the patient about IPV?
5. What are some of the barriers to asking about IPV?
6. What are some ways these barriers can be removed or decreased?
7. What interventions or other action steps would you consider?



## Large Group Discussion

Each group please share the top 2 or 3 take-home points from your small group discussion

### Resources

- National Domestic Violence Hotline: **800-799-SAFE (7233)** (*Ask your patients to memorize this number rather than write it down where an abuser can find it.*)
- National Sexual Assault Hotline: 800-656-HOPE (4673)
- Futures Without Violence: The National Health Resource Center on Domestic Violence 888-792-2873  
[www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)
- National Resource Center on Domestic Violence: 800-537-2238 [www.nrcdv.org](http://www.nrcdv.org)
- Rape, Abuse & Incest National Network secure online chat <https://www.rainn.org>
- National Dating Abuse Helpline: 866-331-9474 [www.loveisrespect.org](http://www.loveisrespect.org) (*This website is a good resource for teens and young adults.*)